

INSIDE POST 507

JUNE 2014

Official Newsletter of The
Newhall Saugus Post 507
of The American Legion

Serving Santa Clarita and Surrounding Area
24527 Spruce Street
Newhall, CA 91321
661.259.7507
www.post507.org





You cordially invited
to attend the
Installation of Officers Ceremony
on Sunday,
June 29, 2014
American Legion Hall Post 507

Newly Elected Post 507 Officers for 2014-2015

New officers take office July 1, 2014 to June 30, 2015

American Legion - Post 507

Commander: Jennine "Tootsie" Imperial
1st Vice Commander: Greg Nutter
2nd Vice Commander: T.J. Azvedo
Finance Officer: Sally Rayburn
Judge Advocate: Garry Swailes
Sergeant-at-Arms: Ron Perez
Finance Committee: Roy Dowey (1 Year)
Ken Putt (2 Year)
Thomas Troesch (3 Year)
Executive Committee: Jim Oxley
David "DJ" Boggio
Michael Dapp

Positions of Adjutant, Chaplain, Service Officer and Historian are appointed by the Commander.

Sons of The American Legion - Squadron 507

Commander: Ron "Rocket" Tidwell
1st Vice Commander: Mike Merlo
2nd Vice Commander: Tommy Grant
Treasurer: Vinson Vanevenhoven
Sergeant-at-Arms: Ray Diaz

Positions of Adjutant, Chaplain and Historian are appointed by the Commander.

American Legion Auxiliary - Unit 507

President: Sue Corrigan
1st Vice President: Debbie Whitehead
2nd Vice President: Terry Paisley
Secretary: Nancy Heinisch
Treasurer: Lisa Trueblood
Sergeant-at-Arms: BettyLou Costabile
Executive Board: Betty Castor

Positions of Parliamentarian, Chaplain and Historian are appointed by the President.

American Legion Riders - Chapter 507

President: Eric Lindgreen
Vice President: DJ Boggio
Secretary: Paul Johnston
Treasurer: Sally Rayburn
Chaplain: Cliff Mitchell
Sergeant-at-Arms: Al Orefice

JUNE EVENTS



Tuesday	06/03	ELECTION DAY—VOTE
Thursday	06/05	Legion Finance Committee Meeting - 6:00 pm
Thursday	06/05	Legion Executive Committee Meeting - 6:30 pm
Thursday	06/05	Legion General Meeting and Elections -7:15 pm
Thursday	06/05	Post Open Pool Night - 7:00 pm
Thursday	06/05—6/08	ALR Western Romp
Sunday	06/08	SONS Breakfast and Darts Tournament 10:00am
Monday	06/09	Darts Tournament
Tuesday	06/10	Post Open Pool Night - 7:00 pm
Wednesday	06/11	District 20 Auxiliary Meeting
Thursday	06/12	Post Open Pool Night—7:00 pm
Saturday	06/14	FLAG DAY
Saturday	06/14	ALR Poker Run
Sunday	06/15—06/22	CA Legion Family 2014 Conventions
Monday	06/16	Blue Star Mothers - 7:00 pm
Monday	06/16	Darts Tournament
Tuesday	06/17	Post Open Pool Night - 7:00 pm
Wednesday	06/18	SONS Meeting—7:00 pm
Thursday	06/19	Post Open Pool Night -7:00 pm
Thursday	06/19	Post Coordination Meeting—7:00 pm
Sunday	06/22	SONS Breakfast and Darts Tournament 10:00am
Monday	06/23	Darts Tournament
Tuesday	06/24	Post Open Pool Night - 7:00 pm
Thursday	06/26	Post Open Pool Night -7:00 pm
Saturday	6/28	American Legion Riders Meeting—10:00 am
Sunday	06/29	Installation of all Legion groups
Tuesday	06/30	Post Open Pool Night - 7:00 pm

SONS DARTS AND BREAKFAST



SUNDAY, JUNE 8
SUNDAY, JUNE 15
10 AM
AMERICAN LEGION HALL

VA Family Caregiver Program

The Department of Veterans Affairs offers support through the Family Caregiver Program. Through the FCP Eligible post-9/11 Veterans will have the option to elect to receive their care in a home setting from a primary Family Caregiver.

Veterans can download a copy of the Family Caregiver program application (VA CG 10-10) at www.caregiver.va.gov. The application enables the Veteran to designate a primary Family Caregiver and secondary Family Caregivers if needed. Caregiver Support Coordinators are stationed at every VA medical center and via phone at 1-877-222 VETS (8387) to assist Veterans and their Family Caregivers with the application process.

According to the VA, programs for Veterans and their Family Caregivers includes:

- **In-Home and Community Based Care:** This includes skilled home health care, homemaker home health aide services, community adult day health care and Home Based Primary Care.
- **Respite Care:** Designed to relieve the Family Caregiver from the constant challenge of caring for a chronically ill or disabled Veteran at home, respite services can include in-home care, a short stay in one of VA's community living centers or an environment designed for adult day health care.

Caregiver Education and Training Programs: VA currently provides multiple training opportunities which include pre-discharge care instruction and specialized caregiver programs in multiple severe traumas such as Traumatic Brain Injury (TBI), Spinal Cord Injury/Disorders, and Blind Rehabilitation. VA has a Family Caregiver assistance healthy living center on My HealtheVet, www.myhealth.va.gov, as well as caregiver information on the VA's main Web page health site; both Websites include information on VA and community resources and Caregiver health and wellness.

- **Caregiver Support Groups and Other Related Services:** Family Caregiver support groups, offered in a face to face setting or on the telephone, provide emotional and peer support, and information. Family Caregiver services include family counseling, spiritual and pastoral care, family leisure and recreational activities and temporary lodging in Fisher Houses.

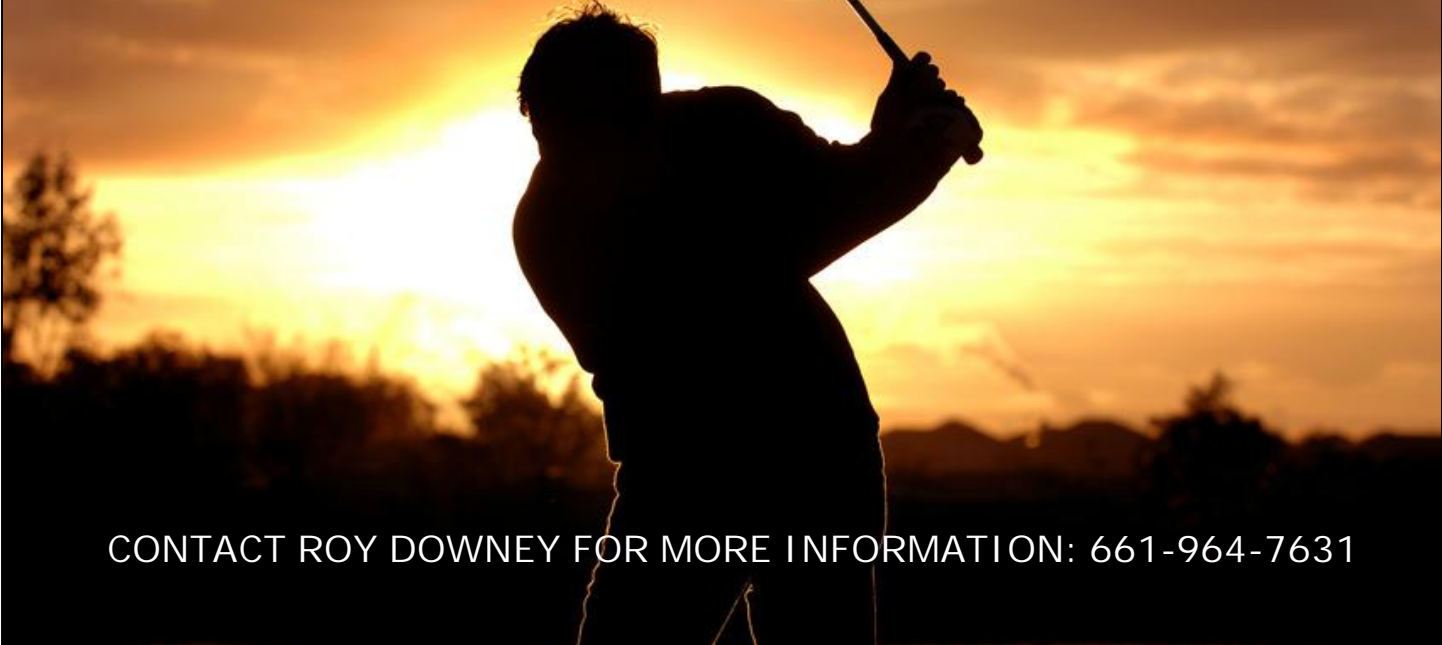
Other Services: VA provides durable medical equipment and prosthetic and sensory aides to improve function, financial assistance with home modification to improve access and mobility, and transportation.

Source: *Military.com*



Remember to mark your ballot!
Election Day is Tuesday, June 3rd

GOLF TOURNAMENT IN MEMORY OF CHUCK WARDEN SATURDAY, JULY 26, 2014



CONTACT ROY DOWNEY FOR MORE INFORMATION: 661-964-7631



Candidates and Alternates Attend Tea

The American Legion Hall was turned into an English Tea Garden for the Annual Girls State Tea in May that outlined the program for the participants.

This year will be the 71st session of Girls State, to be held June 23rd through June 28th at McKenna College in Claremont, CA.

Bobbi Estes is Girls State Chairman.

American Legion Learning Institute

The American Legion offers on-line training about the Legion. The course covers the history and organization of the Legion. This is a great course for anyone desiring information about the Legion.

Visit www.legion.org/alei for more information.



Honey can promote relaxation and help ease you to sleep at night. The natural sugar found in honey raises our insulin slightly and allows tryptophan, the compound famous for making us sleepy after eating turkey at Thanksgiving, to enter our brains more easily. Taking a spoonful of honey before bed can help you get restful sleep.

Source: Dr.Oz.com

Stop and Smell the Flowers



The Daisies from Troop 7192 brightened the area at the base of the missile with a little help from Auxiliary Past President Christie Marks. President Pro Tempore Linda Hill made a short presentation on the American Legion and gave each participant a packet of seeds and a poppy to make the occasion.



The American Legion has called for criminal investigation at the Veterans Administration. Read more at <http://www.legion.org/veteranshealthcare/222522/legion-calls-criminal-investigations-va>.

Post Coordination Meeting

Formerly known as the "Open Post" meeting, the **Post Coordination Meeting** was designed to coordinate activities of the Legion Family groups sharing this Post. It also serves as a forum to solve the normal problems between groups sharing a single facility. This committee-style meeting has developed a greater spirit of cooperation, shared responsibility and pride in the Post. We are all working together to achieve a common goal.

The **Post Coordination Meeting** is unique to Post 507 and every member of the Legion Family is welcome to attend. At least one representative from the American Legion, American Legion Auxiliary, Sons of the American Legion, and American Legion Riders should attend each meeting. Meetings are held on the third Thursday of each month at 7:00 pm. It has been working for us since 2010.



Drop in and meet Bartender John Hart.



Flag Day is celebrated on June 14. It commemorates the adoption of the flag of the United States, which happened on that day in 1777 by resolution of the Second Continental Congress.

The week of June 14 is designated as "National Flag Week." During National Flag Week, the president will issue a proclamation urging U.S. citizens to fly the American flag for the duration of that week. The flag should also be displayed on all government buildings

Winners of Spring Dart Season Announced!



Congratulations to 3rd place Ken Putt, 2nd Place Rocket Tidwell and 1st place Brian Martin, shown left to right.



Coming Together In Santa Clara

15-16 June

19-22 June 2014

17-18 June

Did you know that people who regularly volunteer have better mental, emotional and physical health – including a 40% decreased risk of high blood pressure?



The American Legion is a volunteer organization founded on and dedicated to four primary pillars — Veterans Affairs and Rehabilitation, National Security, Americanism and Children and Youth. The principles of these pillars are to provide support and care for our active duty military, military veterans, families of veterans, and assistance in our local communications.

Post 507 supports a variety of programs and conducts multiple fundraising events to support these programs. The Post needs someone to manage Facebook and a webmaster.

American Legion Post 507 2013-2014 Officers

American Legion

Commander: JD Kennedy
1st Vice Commander: Greg Nutter
2nd Vice Commander: Jerry Alves
Adjutant: Bob Heinisch
Interim Finance Officer: Sally Rayburn
Chaplain: Jennine Imperial
Judge Advocate: Gary Swailes
Service Officer: Fred Stanzione
Sergeant-at-Arms: David "DJ" Boggio
Historian: TBD
Finance Comt. (3 yrs.): Roy Downey
Finance Comt. (2 yrs.): Chris Farmer
Finance Comt. (1 yr.): Thomas Troesch
Executive Committee: Jim Oxley
Martin Lopez
Gerhard Zimmerman



American Legion Auxiliary

Pro Tempore President: Linda Hill
1st Vice President: Betty Castor
2nd Vice President: Linda Hill
Secretary: Bobbi Estes
Treasurer: Dorothy Bernier
Sergeant-at-Arms: Cindy Lindaman
Parliamentarian: Betty Castor
Chaplain: Roseann Dalton
Historian: Nancy Heinisch
Executive Board: Lana Stanzione
Sunshine Holloway



Sons of the American Legion

Commander: Ron "Rocket" Tidwell
1st Vice Commander: Ken Bangert
2nd Vice Commander: Patrick Corrigan
Adjutant: Ken Marks
Finance Officer: Vinson Vanevenhoven
Chaplain: Tommy Grant
Historian: TBD
Sergeant-at -Arms: Tommy Grant



American Legion Riders

President: Duane Harte
Vice President: Mike Fowler
Secretary: Tim Jackman
Treasurer: Sally Rayburn
Road Captain: Erik Lindgreen
Sergeant-at-Arms: David "DJ" Boggio
Judge Advocate: TBD
Historian: TBD



Deadline for the July issue is
June 21, 2014

Please email submissions
and/or photos to
Editor Nancy Heinisch
507news@gmail.com